



*Life of  
Abundance*



# Abundance Log

We are richer than we think we are. Everyday, record everything of value that comes your way. They can be actual money or something with a value e.g. Coffee Susie bought me \$5. Periodically, review how much you've received on a daily basis, be thankful and celebrate!

Date / /  \$ _____	Date / /  \$ _____	Date / /  \$ _____
Date / /  \$ _____	Date / /  \$ _____	Date / /  \$ _____
Date / /  \$ _____	Date / /  \$ _____	Date / /  \$ _____
Date / /  \$ _____	Date / /  \$ _____	Date / /  \$ _____



# Abundance Log

MONTH

Record everything of value that comes your way below.

$\$$   /   
RECEIVED

$\$$    $\$$    $\$$    
RECEIVED

$\$$    $\$$    $\$$    
RECEIVED

$\$$   /   
RECEIVED

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RECEIVED

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RECEIVED

$\$$   /   
RECEIVED

$\$$    $\$$    $\$$    
RECEIVED

$\$$    $\$$    $\$$    
RECEIVED

What's the total value you'd give for that you received this month?

# Abundance Log

Record everything of value that comes your way  
in each spoke.

\_\_\_\_\_  
MONTH

